

Formerly Women's & Men's
Health Physiotherapy

Physiotherapy Referral

Patient Name: Date:

Referrer Name:

Diagnosis:

Pelvic Health

- Urinary symptoms
- Prostatectomy: pre or post
- Anorectal symptoms
- Pelvic organ prolapse
- Persistent pelvic pain
- Endometriosis
- Sexual and vulval pain
- Bladder pain
- Pelvic surgery: pre or post
- Sexual dysfunction

Pregnancy & Postnatal

- Pelvic girdle and back pain
- Pelvic floor assessment
- DRAM/abdominal assessment
- Perineal tear or episiotomy
- Lactation disorders
- Return to Exercise
- Birthskills / childbirth education

Comments

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What matters to you, matters to us

Welcome to Pelvic Health Matters - where your story, comfort and goals come first. Where the best in innovation, postgraduate-qualified pelvic health physios, latest research, empathy and collaboration combine for a singular focus. A focus on restoring pelvic health.

Extensive Experience

No matter how simple or complex your pelvic health condition, you're in the right place. With over 30 years of experience, we deliver the expert physiotherapy care you can trust.

Proven Pathway

Our unique 3-step pathway takes the time to truly listen and understand because pelvic health is rarely one-dimensional. This approach gives you the greatest opportunity to live your best life.

Cutting-Edge Care

We're committed to lifelong learning and the latest research. This means you'll always receive the most current and effective physiotherapy treatment, personalised to your needs.

Positive Partnerships

There's nothing like the power of positive relationships. We believe that better outcomes happen when everyone's on the same page, so we'll work closely with you and your health professionals.

Empathetic Empowerment

You'll feel safe, supported and understood because empathy guides everything we do. We'll help you rebuild hope and confidence, empowering you to take control of your pelvic health and your future.

Call us on
03 8823 8300



Visit our website