

IEQ

When injuries happen, they can have profound effects on our lives. This scale was designed to assess how your pain/problem has affected your life.

Listed below are twelve statements describing different thoughts and feelings that you may experience when you think about your pain/problem. Using the following scale, please indicate how frequently you experience these thoughts and feelings when you think about your pain/problem.

0 - Never

1 - Rarely

2 - Sometimes

3 - Often

4 - Always

_____ Most people don't understand how severe my condition is

_____ My life will never be the same

_____ I am suffering because of someone else's negligence

_____ No one should have to live this way

_____ I just want to have my life back

_____ I feel that this has affected me in a permanent way

_____ It all seems so unfair

_____ I worry that my condition is not being taken seriously

_____ Nothing will ever make up for all that I have gone through

_____ I feel as if I have been robbed of something very precious

_____ I am troubled by fears that I may never achieve my dreams

_____ I can't believe this has happened to me

Total _____